

ST. LUKE'S/TRINITY EYC

NOVEMBER/DECEMBER

NEWSLETTER



WELCOME TO EYC

All Middle and High Schoolers are invited to participate in EYC (EYC=Episcopal Youth Community, aka: Youth Group). You don't have to be a member of St. Luke's or Trinity to participate. The EYC is under the direction of Mrs. Julia Golding. Regular meetings will be on Sundays; Jr. EYC (4-5pm) and Sr. EYC (5-6pm) unless otherwise noted. We'll have community service (great for those high school transcripts!) projects and fun activities monthly also. Spread the word! and bring a friend.!

EYC CALENDAR November/December 2019

November 3 -- *Thanksgiving in our hearts*

EYC will be at Trinity in the Activities room. Jr. EYC @ 4pm and Sr. EYC @ 5pm.

November 10 -- GBR Hunger Walk

Time: 1:30pm

Where: Catholic Life Center, 1800 S Acadian Thruway, BR Cost: A donation of \$10 is suggested for walking participants. All proceeds benefit the Greater Baton Rouge Food Bank and Holy Grill.

More info: <https://www.gbrhungerwalk.org/event-details>

November 15 -17 -- Grades 9-12 Confirmation Retreat (No EYC)

November 24 -- Thanksgiving break (No EYC)

December 1 -- Advent Wreath making and Christmas Card Photo @ Trinity

December 8 -- Christmas Carols and visit to the Veterans Nursing Home in Jackson, LA

December 15 -- Christmas Party and Birthday Card photo @ St. Luke's



November 1, 2019

Dear St Luke's Families,

This year we will have a Food Drive throughout the month of November to collect items needed for Thanksgiving Dinner for Southeast Ministries. We will send home a paper bag with each student to keep at home until the week before Thanksgiving Holidays (November 20 and 21). There is a list of suggested items that Southeast Ministries will distribute attached to the bags. We will also collect perishable, non-refrigerated items (potatoes, onions, citrus, apples, etc.). Please **keep the bags at home** and add to your donations each week until the Thanksgiving holidays. You are welcome to invite family and friends to contribute to your Thanksgiving Bag.

We collect the Thanksgiving Bags on **Wednesday, November 20 and Thursday, November 21**. On those days, please bring donations to church and place your filled bags on the steps next to the altar.

THANKSGIVING DINNER FOOD LIST

GREEN BEANS/ENGLISH PEAS
CREAM OF MUSHROOM SOUP
DRIED ONION RINGS

CANNED SWEET POTATOES/YAMS
DARK BROWN SUGAR
MARSHMALLOWS

CORNBREAD OR ROLL MIX
STUFFING MIX
POULTRY GRAVY MIX

CRANBERRY SAUCE/WHOLE BERRIES
FRUIT COCKTAIL
SALAD DRESSING

CAKE MIXES/ICING
BROWNIE MIX
JELLO OR PUDDING MIX
CANNED PUMPKIN
CHERRY, BLUEBERRY, APPLE PIE FILLING

REGULAR TEA BAGS/COFFEE
APPLE, CRANBERRY, OR GRAPE 100% FRUIT JUICES

***This is a suggested list. Please fill the bag with enough items for a delicious dinner to accompany a turkey.**

perishable, non-refrigerated items (potatoes, onions, citrus, apples, etc.) will also be appreciated

GREATER BATON ROUGE

HUNGER WALK

2019

The **Annual Greater Baton Rouge Hunger Walk** raises funds to feed the hungry in our local area by supporting the Greater Baton Rouge Food Bank and Holy Grill.

Make your presence known! Let's make a difference!

1:30 PM

- REGISTRATION
- HUNGER AWARENESS ACTIVITIES, & MUSIC

2:30 PM WALK

CATHOLIC LIFE CENTER

1800 SOUTH ACADIAN THRUWAY

REGISTRATION ON-LINE: GBRHUNGERWALK.ORG

For more details contact the Hunger Walk team at holygrill@ifedgbr.com or call 225-267-5600

**Nov. 10
2019
2 MILE
HUNGER
WALK**

**A WALK
FOR ALL AGES**



GREATER BATON ROUGE HUNGER WALK WAIVER OF LIABILITY

I know that walking in a street /road event, regardless of distance, is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained, and I agree that event officials may authorize necessary emergency treatment for me if needed. I also understand that both vehicle traffic and spectators may be present along the course, and I assume the risk of walking under such conditions. I further assume any and all other risks associated with participating in the Greater Baton Rouge Hunger Walk including, but not limited to illness; traveling to and from the event; falls; contact with spectators, participants, and/or objects on or near the course path; the effects of the weather (including temperature extremes and humidity); and the surface condition of the route, sidewalks, streets, and roads, all such risks being known and appreciated by me.

Having read this waiver and knowing these facts, and in consideration of the acceptance of my registered entry, I hereby for myself, or anyone else who might on my behalf, covenant not to sue, and waive, release and discharge the Interfaith Federation of Greater Baton Rouge along with its Director, Board of Directors, employees, member organizations, and representatives; as well as any sponsors, event officials, volunteers, agents, suppliers of the Greater Baton Rouge Hunger Walk; and any other personnel in any way assisting or connected with the Greater Baton Rouge Hunger Walk from any and all claims or liability of any kind or nature whatsoever arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons or parties named in this waiver.

I also grant permission for all of the foregoing to use any photographs, motion pictures, video recording or any other record of my participation in the Greater Baton Rouge Hunger Walk for any legitimate purpose.

Participant Signature: _____

Participant Name (please type/print): _____

Parent/Guardian Signature (for participants under 18): _____

Parent / Guardian Name (please type/print): _____

Date: _____

School or other Participating Organization: _____